



*"We don't have to tell the seeds of the bristlecone pine what to do.  
We give them a chance. Or God does or whom it may concern does.  
Now I'm not about to tell a bristlecone, or for that matter, a western swallow tail, a condor,  
or a redwood what to do ... They know ... we have no right to drive these miracles off the Earth."*

*~ David Brower*



# Bristlecone Pine

helpful to those with a slower sense-based metabolism  
who feel uncomfortable with the fast pace of modern life and cities

Thought to be the oldest living organism on Earth, the bristlecone pine tree possesses the temperance of endurance and the wisdom of an ancient master. Known to grow in isolated groves at high altitudes of 10-11,000 feet, the trees survive in seemingly impossible high winds and short growing seasons. Relatively young at 1,500 years, the trees growing in the most extreme conditions with scant soil and moisture seem to be the oldest, up to almost 5,000 years old!

The essence was made as the sun was rising over the colorful snowy expanse of Bryce Canyon. Gently, the essence bowl as placed in the grandmother's sturdy branch overhanging the canyon rim, allowing the morning's first shimmering rays of light to reflect in rainbow brilliance across the snowy abyss.



The essence of the Bristlecone Pine shares its deep and grounding energy, offering comfort to the “old soul” who is having difficulty adjusting to the fast pace and intense human-introduced vibrations of modern life.

Cultivating an enduring ability to effectively adjust to environment,  
no matter how extreme or hard,  
the tree teaches one how to master and thrive.

Suited to those with an Earthy, deeply spiritual and contemplative nature,  
who feel and sense everything at profound levels  
and are deeply sensitive to Mother Earth  
and the health and feelings of her plants, creatures and Nature.  
They are often resistant to change and have difficulty living in the modern age  
due to a slower sense-based metabolism.

They may have resistance to the fast pace of techno-culture  
and the movement and noise of city life,  
unable or unwilling to come up to speed with swift cultural changes and “the times”.

This worldly uncomfot may manifest in physical symptoms,  
as the body takes on the disruptive energies  
as it attempts to clear them for Mother Earth.

This deep sympathy and compassion for the Mother,  
along with their inherent wisdom,  
is the true gift of the Earth healers.

Bristlecone Pine, the oldest and wisest of the trees,  
offers her love and the cumulative wisdom of her long life  
to stabilize and nurture the Earth-sensitive soul.

The essence of Bristlecone Pine teaches one how to work with density,  
allowing the multiple and complex energies of one’s surroundings to be purified  
through a process of mineral-enacted transmutation.

This tree has survived the ages  
by its ability to work intensively with the scant minerals available to it,  
feeding on the minerals as other plants feed on water.

This important relationship with the rock kingdom  
offers her the density, hardness and slow growth that enable her longevity.

Her essence teaches one to draw up stability from Earth’s minerals,  
to carry a rock in one’s pocket,  
to feel the ancient strength of Mother Earth  
and to be able to carry that into the modern world.

The capacity of the trees to live so fantastically long,  
to adjust to places on the Earth that no other tree wants to inhabit  
has allowed her to flourish in these environments free of competition.

Bristlecone Pine essence teaches one a strategy for survival,  
helping one to learn to become more resilient  
and less reactive to modern world extremes.

Truly offered as the blessing of a master.

Let us honor her and listen well!

