



Created from rain-compacted ash that came as showers from the turbulent forces of volcanoes, these canyon walls became sacred space to the ancients.



Kiva Cave

calls one to one's own sacred space, helping one "carve out" down-time, alone-time or family-time that helps foster true spiritual relationship



New Mexico's Frijoles Canyon

was formed by sporadic volcanoes over a 13 million year period that piled ash over 1000 feet high throughout the region.

Rain compacted the ash,

and over the next few hundred thousand years the Frijoles River carved out the ash.

It left a canyon with a fertile bottom as well as fertile top-land.

The canyon walls of smooth, compressed ash are soft and easily carved, allowing early peoples

to shape out shelter, storage and spiritual space for their communities.

The compacted ash, with its high content of silica,

together with the canyon's placement along magnetic grid lines,

gave special power and significance to this place.

The "Kiva Cave" essence

was made within the canyon

as early spring light bathed the south-facing canyon walls with comforting warmth.

The Kiva Cave essence

is an Earth essence that helps one to carve out a protected space
where one can nurture the inner spirit
and one's connection to the spirit of the All of Nature that surrounds one.



This is a quieting essence

that assists one
in breathing deeper, slowing down and peacefully observing the wonder around.
Like organic nutrients nurturing the body's sacred space,
contemplative moments and reverent ceremony nurture the soul forces.



The ancients selected this place amid vast possibilities
and carved out just enough space to protect, nurture and pray.
The essence of Kiva Cave calls one to one's own sacred inner space,
helping one to "carve out" down-time, alone-time or family-time
that helps to foster true spiritual relationship
for people who tend not to allow their self the nourishment of time to their self
or tend to have homes where the sacred space is not being nurtured or cared for.
The essence can help to cultivate an inner desire to hold space sacred.

