

Prickly Pear

Opuntia humifusa

loss of faith... a sense of giving up and extreme tiredness are indications for this essence

The essence of the Prickly Pear cactus
can help when one
has lost hope, lost faith and is unable to see a positive outcome of one's situation.

The feeling
of being tired of trying, dried up and sad at one's core
calls for the use of this essence.....
when events or circumstances
cause one to feel a sense of defeat and helplessness
that disconnects one from Spiritual intelligence and optimistic focus.

This can happen
after receiving
bad news such as a diagnosis of a serious condition,
rejection,
or reoccurrence of the "same old" problem
that leaves one feeling broken down and helpless.

Prickly Pear is a low-growing cactus
that ranges in most of the lower elevations
in the western United States and Mexico.

It was a blessing and a sustainer
to earlier cultures.....
an abundant source of watery, tasty desert food.

Its fruit is revered by many still.

Its beautiful yellow flower
is waxy and tough.

Anyone who has ever experienced the spines of a cactus
can appreciate Prickly Pear's protective nature.

Its essence helps to first reconnect one's spiritual body
with a source of support and guidance.

It then prepares one's energetic bodies
to re-engage
by re-aligning the main chakras,
releasing discordant energies
and strengthening one's capacity
to resonate at a spiritually aware perspective,
restoring personal resistance and faith.

