

Aster

those in need of Aster tend to be loners whose social insecurity causes them to avoid community because they are genuinely uncomfortable with others

Feeling awkward, rebellious or antisocial toward others
may be an inherited trait or life-long pattern
that has caused one to live as a loner,
feeling unconnected to ~ and maybe uninterested in connecting to ~
Community or Family.

While hermit-like existence
may feel more comfortable than the pain of exposure,
the reclusive soul
ultimately loses ability to experience the grace of Society
and can find the prison of introversion painfully lonely.

The pretty Aster flower
meets the eremite personality
with a gentle loving smile.

Not hard or critical.....
but sunny and soft.

This essence
helps one to feel a little more easy-going and approachable.....
helping one to begin to experience oneself
as a member of Society, likable and contributing.

This change in self-attitude
brings about a major shift,
as the emotions of the heart
begin to open
not only to receive social grace
but to become socially graceful.

It is through this soul expansion
from self-consciousness to social consciousness
that the soul
ultimately grows into and embraces
the richness of its experience as a member of Human Society.

