



The Sugar Maple tree's yellow green flowers and leaves joyfully explode each Spring after a week or two of warm weather.

This tree is about 20 years old. It was a small sprout growing in the fence line of my yard when my small son transplanted it years ago to its present location. Now it has branches in the 40 foot range.



Sugar Maple

helps one to work with cycles and to learn to pace one's activities in a healthier manner, helping to restore creative, procreative and sexual energy

The Sugar Maple abundantly offers in all Seasons.

The tree's yellow green flowers and leaves joyfully explode each Spring after a week or two of warm weather.

In Summer the dark green leaves are large and abundant, offering both pleasant shade and healing green to the landscape. The tree's seeds like small helicopters spin to the ground, insuring many babies throughout the forest.

In the Fall this tree is arguably one of the prettiest, as its leaves change after the first frost to orange, gold, red and beautiful combinations of each.

But it is in the late Winter that the barren tree flows copiously forth with the sweet sap that we boil into maple syrup or sugar.

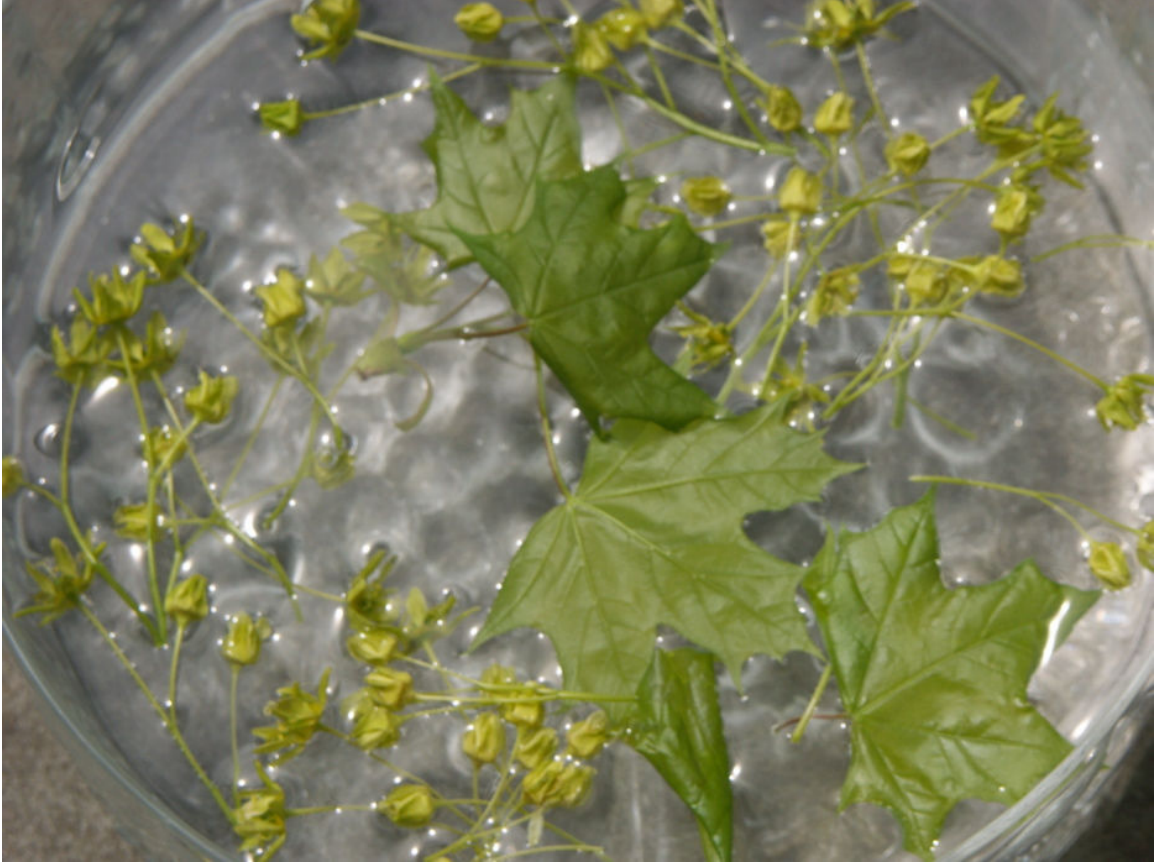


The Sugar Maple essence
helps one to tune into and be present with the cycles of their life.
The tree moves through the Seasons
of abundant fertility in Spring,
to the production of shade in Summer,
to brilliant showy radiance after the first frost of Fall.
November marks the beginning of a long Winter's rest.
With thaws in February and March,
the tree sends up the sweet sap from which maple syrup is made.

The Sugar Maple essence
can be helpful to those individuals
who allow mental stress, overwork, and worry to cause exhaustion in their lives.
Their creative, procreative or sexual energy
may be totally depleted,
as so much of their energies are being drained
in this daily battle with the hardships and responsibilities of life.

The Sugar Maple essence teaches pacing and abundance.
It teaches us how to get more in tune with the seasons and rhythms of our lives
and the world around us,
allowing us to be carried into action by the forces already present
and to learn to honor rest and fun as well as production.





The Sugar Maple essence teaches pacing and abundance.

