

Cedar Falls

compelled to doing things out of fear... worry about survival...
unable to devote energy to true path & life purpose

The land here is a Shaman
holding primordial wisdom
and our connection to Earth's ancient past
and our own history which holds the clues to our true identity and purpose.

Limestone
that has been deeply etched by its constant exposure to falling water
emanates the wisened beauty
that can only be formed by exposure to the elements.

The Cedar Falls essence helps to ground us to the physical plane
and opens us up to life mission.

Physically opening the root chakra and enhancing digestion,
the essence aids one in assimilating one's experiences
in both a meaningful and purposeful fashion.

The essence then helps one
to release the fears one has around survival issues
that prevent one from moving forward with life purpose.

True survival instincts can be seen
as a tenacity to live, to thrive and to strive for the highest and best within us.....
this can only be of the greatest asset to life purpose and fulfillment.

Survival fears
may be centered around
our jobs, food or clothing, issues paying the mortgage
or surviving a life-threatening disease.

The Cedar Falls essence
reorients one to the more spiritual roots of what it means to survive,
helping one to thrive in the action-based survival of doing the right thing
instead of stagnate in the fear of loss.

This essence helps to teach one at core levels
the difference between fear-based survival
and the hardy challenge required to achieve the strength to thrive.

