



"Hai So Poro" ~ the heart of everything that is.



Bear Butte

helps to absorb malignant physical energy while accelerating physical frequency
to a place of Love, Harmony, and Spirit Consciousness.

There is nothing heavy here.
This is a place of lightness,
a transition place between
Earthbound pressure and Cosmic consciousness.
The Wind and the Sun
help to carry off the pressures of life in physical bodies
and the stresses of the physical plane.
The earth here
does more
than simply absorb malignant energy.
It pushes up the physical
that it may experience a higher frequency
and quickly accelerate
to a place of Peace and Spirit Consciousness.
There is a great presence
of Love and Harmony here
as the Earth's sacred identity is honored
and held by continuous prayer and ceremony.

The gift of this essence
is the release of tension between
our physical and spiritual identities, as it brings
an almost instantaneous release
of our self-absorbed pressures...
and helps to elevate our consciousness
to a place of honor and prayer...
and to the recognition of ourselves
as beautiful and powerful spiritual manifestors
who can impart truth and clarity
onto the physical plane.

This, then,
is an essence to support those willing to ask the Great Spirit
for permission to change their shape on this Mother Earth,
to pray with and for her own purposeful presence in one's life.
Asking for help
opens the heart's connections to other hearts.
This is a beat we all know.

