



*Lightning is caused by static electricity.
When enough charge has built up in a cloud from friction from dust, ice, and water droplets
the bottom of the cloud becomes negatively charged and discharges lightning.*



Stormy Weather

for times of great emotional crisis & radical personal upheaval

This essence was made during an intense thunderstorm
in the middle of a month and a half of rain
and a week of daily electrical storms, winds, and tornados.

Our ability to endure through periods of personal stormy weather
will depend very much on our Faith and ability to see the Sun behind the clouds.

The Stormy Weather essence
is for times of great emotional crisis and radical personal upheaval.....
when the structures around us of Family, Job, or Relationship
seem to be charged with explosive Emotional Energy
that has left us exhausted and at wit's end as to how we are to proceed.

The Stormy Weather essence
offers us a Light at the end of the Tunnel,
a gentle lap to rest our weary head.....
a reminder from Nature of the Love of God
when we feel lost and out of touch with our connection to Spirit
and beaten up by unending Struggle.

At a distance,
the Dramas of our lives
can be seen in Storybook Form,
leading us to Higher Wisdom and Compassion.
But in the middle of the Storm
we may have no clear Perspective
and feel abandoned
and unable to connect to anything but our intensely charged Emotions and Pain.

The Stormy Weather essence
helps to discharge strong Emotions
and release our Struggles into the hands of God.
As the ego lets go and trusts in a Higher Wisdom,
radical Change occurs.

The Stormy Weather essence
helps by clearing the emotional Tornado that surrounds our present situation
and assists us in letting go of our Pain and Struggle
and be washed clean by the forces of Nature.

Then the essence supplies a fresh, vibrant, restorative Energy,
giving us the Charge and the Clarity to start anew,
embracing Creative Solutions with Optimism and Trust.

