

April Cherry

April 30, 2004

relaxes depression and old stagnant forms of expression

This essence is made from the flowers of a profusely flowering cherry tree in April. This is the same cherry tree that had appeared to be dead just one year before and then flowered for a month-and-a-half from mid-September to late October last Fall. Now in April it is jubilant with sweet-smelling blossoms, joining in the merrymaking of another Spring.

This cherry tree, blossoming at its proper time with all the expression of new life and flower of Spring, offers us an example of Divine spiritual celebratory expression of Heart and Love and Praise. The tree has transcended the old paradigm for what is possible and in its new Spring blossoms it offers a jubilant choir to honor this creative triumph of spirit over perceived reality.

How much more of an expression of love and energy we can offer if we learn to freely celebrate the spontaneous creative Spirit within instead of adhering to past dogma, ritual and conformity.

The Spirit sings, it dances, it moves with abundant clarity and life force.

Take this essence to release depression and old stagnant forms of expression. Nature teaches that true intelligence is an ability to listen deeply with our hearts and to respond in constant harmony with the currents of new life and resurrection that surround us.

If you have been worn down trying to give what you cannot..... trying to be who you are not..... lost in routine and conformity..... this essence can birth freedom to honor new inner voices and directives and to offer our praise and energy as a grateful-heart song rather than an obligatory ritual.

