



Totally over 150 species, Viburnum are native to large parts of the world – throughout the temperate regions of the Northern Hemisphere and in parts of South America and southeast Asia. The flowers are white to cream to pink..... with five petals..... and often very fragrant.



Viburnum

adds clear energetic boundaries
for anchoring spiritual strength in the bodies of delicate persons or survivors of harsh conditions

This is an essence
to protect the sacred feminine
in both males and females.
Its tiny lavender-pink blossoms
speak to us
of our more delicate and sensitive spiritual body
while the flower's golden center
anchors the solar radiance and strength of spiritual presence in our bodies.



Viburnum is a woody bush
and a survivor
that can survive the harsh beach conditions of a Florida hurricane
or the cold frosts of a Michigan garden.
This plant
was found along a public stretch of beach on the Florida Gulf Coast
surrounded by the protection of a forest
of palmettos, cactus, and snakes.

It was truly an honor
to be allowed to pass these many layers of protection
to find this beautiful delicate flower
with its intoxicating spicy scent.

This, then, is an essence
for the more delicate child or adult
that they may be protected in their flowering.

It is an essence for survivors
who have had their protection broken down
by harsh circumstances and challenges of the physical plane.

Viburnum sets up clear boundaries
and connection with the Angelic and Elemental protectors
that will hold a safe space for our unfoldment.

To be able to produce a sweet, spicy aroma
from such a small flower
is evocative of the power of a protected spirit.

So, too, may we flower from our wood branches
under the protection of our guardians
and our strong connection to the shifting Earth beneath us.

