

Arnica

supports the healing necessary on all levels
for one who has suffered abuse or bruising of the body, the mind or the spirit



When the astral body is out of alignment with the physical body
the definition of one's auric shield can be fragmented,
allowing one to become more vulnerable to accident, injury or attack.

Our bodies have become more dense over time
and less able to sense and harmonize with our environment.
Our world has become harsher and less supportive.
In very personal ways, many are experiencing pain
or feeling beat up by the unending tension and conflict that surround them.
Others experience the impact of physical injury more than just occasionally.

Arnica works to restore one's protective sheath,
helping one experience well-being and a sense of physical guardianship.
It supports the energetic networks of the body
to reconnect and heal after injury or trauma.

Arnica aides a person in moving from shock and disconnect
to integration and recovery.

With its power to strengthen the aura,
Arnica helps one feel a stronger connection with their senses,
especially their protective networks that help them sense out conflict or trouble
and harmonize better with their environment.

