



Selenite, named by Greeks for the Moon and meaning Moon Rock, is the transparent variety of gypsum. Although soft enough to be scratched with a fingernail, Selenite is glassy in appearance and well-crystallized.



Selenite

helpful in accessing information from dreams and past lives

This is an essence
that acts as a medium
between the conscious and the subconscious mind,
allowing greater access
to the Library of the Soul (or Identity).....
a Library that contains every thought, feeling and action
expressed during the cumulative lives of the Soul.

All inharmonious imprint or memory is held here,
protected from our minds by the loving Angels
in order to shield us from overwhelm.

During the course of a normal life,
this information is leaked to the individual
at appropriate times
in order that the Soul
may have the opportunity to face
what it has feared and been challenged by in the past.

The individual
may see a past action or scenario
imprinted on a present situation.

This is meant to activate the individual
towards resolution of this pattern,
thus loosening the tension held around all previous similar scenarios.

The more tension there is around an issue,
the harder it may be to see its connection to a greater pattern.

This is where this essence is so helpful.

It allows us a perfect access to appropriate information from our past.....
information that can bring us to a greater understanding of our present situation
and then support us
in making the appropriate changes to meet the challenges of our present
and clear the books for the future.

Daily use of this remedy
can help unlock the mysteries of our past
as appropriate memory is gently restored.

There is then
the opportunity for healing
as these actions are held in a loving and compassionate space.

