



Milkweed's genus Asclepias was named after Asclepius, son of the Greek god Apollo and himself the Greek god of healing, bearer of a serpent-entwined staff.

Rudolf Steiner said that human milk reaches the will forces of the infant and that animal milk is a food stuff that keeps man in balance between the spiritual and the material, uniting him with the terrestrial without chaining him to it.

Milkweed

Asclepias syriaca

helps those with regressive or irresponsible behavior --
who are noncommittal to projects and avoid or check out
of meaningful, eventful experiences or who remain overly dependent
and allow others to do their work for them.



The Milkweed plant is solidly anchored to the Earth, preferring to grow in open spaces where it can enjoy fresh air and free sunshine. Blossoming in hot July and August, it spread its large shiny leaves wide while standing upright in a simple, clear gesture of strength. The plant's umbels of small, fragrant, somewhat dull purple flowers hang limp and heavy in the humidity of late, lazy summer days.

The essence of the Milkweed flower
brings strength to the will of the entity
that has not fully embraced their true potential
into their Earthly mind, body or life experience.

They may have incarnated with a physical or mental disability
that has left them dependent on family or institutional care,
or they may have decided to opt out of the normal required responsibilities
of a maturing life, choosing instead to stagnate or regress --
perhaps through dependency or drugs, alcohol or unrealistic pursuits --
thus requiring family, friends or partner
to take care of their physical needs and the business of material life.

In this dependent relationship,
the soul never really “grows up”
and may lose out on one of the most fundamentally enriching experiences
of the awakened human being --
the opportunity to quest, to dream, to meet obstacles
and to test one’s ability
to prevail and thrive as an independent individual in the “real world”.



The Milkweed essence nurtures the human will forces
with a sense of clarity and purpose,
allowing the warm milk of Mother Earth
to feed the ego forces
with nutrients of inner strength
and the resolve to take hold of one’s life in a direct, potent and positive manner.



The Milkweed essence works to strengthen one's inner spiritual power to persevere through both ordinary and extraordinary challenges, and to rise from states of helplessness to states of hardiness, strength and resourcefulness.

As a caterpillar, the monarch butterfly feeds solely on the leaves of the Milkweed plant, the sap of the plant then protecting from predators both the caterpillar and the butterfly it becomes by turning their bodies bitter and somewhat poisonous.

So too, nourished by the supportive Earth milk of Milkweed flower essence, the human ego caught in regressive or dependent patterns may learn to spin a healing cocoon and emerge from its "worm body" transformed into a beautiful self-actualized and free butterfly.

