



*Thyme is native to Europe, North Africa and Asia.
Ancient Greeks used thyme in their baths and burnt it as incense in their temples,
believing it to be a source of courage.*



December Thyme

December 21, 2003

relaxes activity and strengthens aura

This thyme has tiny yellow blossoms
and was blooming profusely under the snow
when I uncovered it on Winter Solstice.

December Thyme helps to relax the activity
of those who feel they must sustain perpetual motion in their lives
as though in a race with time.

It gently warms the lower organs
and allows these lower energy centers
to assimilate experience in a more natural, calm and integrated way.

As life is experienced in a calmer and quieter way,
the higher spiritual forces are free to allow access to
inspiration,
clarity
and a deeper sense of peace
as one's inner timing and dynamics are reset.

Winter Solstice is a time
when darkness and cold dominate this part of the Earth.

December Thyme essence has come now
to strengthen our auras
so that they may more consistently hold more light and luminance.

The crystalline properties of the snow
that covered these flowers
and then surrounded the essence as it was being made
have imparted a sparkling quality to this essence
that can infuse the aura with its radiant charge.

