

Bee Nettle

for those who tend to speak with sharp, cutting words, this essence
strengthens one's ability to use speech as a healing force

The word
is sacred breath brought into form.
It is a strong creative force
that holds the power to mold and shape our realities.



What we say and how we say it
elicits an immediate response from others around us
and from Greater Universal energies as well.



Bee Nettle essence

can help those who tend to use sharp, cutting or prickly words
and snap out in anger and irritation at those around them.

The wild Bee Nettle of Thunder Bay,
on the North Shore of Lake Superior,
grows in the silver-rich soil of the Sleeping Giant peninsula.
This soil strengthens the plant's ability to neutralize negative emotions
while slowing and deepening one's breath,
opening one's channels
to more positively "take in" another's words
and then effectively "count to ten"
and consider one's impact
before spitting out emotional words that can burn or char another.....
often destroying relationships and always hurting others' feelings.
Stabilizing the ego to feel more supported,
while helping to calm and rationalize the emotions,
Bee Nettle essence offers its healing influence
to strengthen the human potential
to form one's words with care and truly evoke the power of "Holy words."

