



*In mid to late Summer at the tips of long fern-like stems Tansy offers her flowers in clusters of golden buttons. The form and color of this flower offering is reflected in one of Tansy's other names – Golden Buttons. Highly aromatic, Tansy (a native of temperate regions of Europe and Asia) has a scent similar to camphor tinged with rosemary.*

Tansy

instills respect for one's physical body & environment

Erect, strong, tall.....

looking like the center to a flower without the petals.....

the Tansy flower inspires radiant self-assurance

by instilling a respect for one's physical body

and a reverence for one's environment.

The Tansy essence can be useful in cases of depression,

where there is lack of attention or interest in personal hygiene or self-care.

The pollution of one's body or one's environment

reflects a poor self-esteem and denies a core level sense of self-divinity.



Binge eating, junk-food diets or not eating at all  
are all cause for concern beyond basic health considerations,  
as one is "not caring" to value and "take care" of one's self.

Deterioration of personal hygiene,

lack of attention to one's environment

– such as cleaning one's home or bedroom –

shadow inner feelings of despair, sadness or unworthiness.



The sunny Tansy flower,  
hardy and self-assured,  
heralds true self-consciousness that honors both inner and outer beauty,  
helping one feel a reverence for all life, including self.  
As one begins to feel valuable,  
one's motivation to act with responsibility and care increases,  
reflecting a need to use one's energies  
to do something good,  
create something exceptional  
or stand in awe of a beautiful environment and be willing to work to protect it.

