



There was a hard frost last night.... typical weather for this time of year in Michigan. But in my garden the lavender raises its head strong and victorious, blossoming as if July. What is it in my garden this year that the Spring plants bloom in Fall and the Summer plants are blossoming at Winter's edge?



November Lavender

November 8, 2003 (noon)

especially helpful to those with an oversensitive nervous system who have trouble staying grounded in their physical body and may suffer from nervous affectations

Lavender is cooling and calming.
That is why it blossoms in Summer's heat.
The November Lavender essence
is here to rebalance our nervous systems
in order to help us
keep up with the swift changes that are electro-magnetically
changing in our environment
and the higher frequency of spiritual information
that is being made available to both our energetic and physical bodies.
Lavender holds the energetics of the body in a blanket of peace
so that it can sustain the new currents of these powerful times
with grace and equilibrium.

This essence will be especially helpful on a long term basis
with those who have disassociated in some way from their physical bodies
because they are so uncomfortable in them.
Lavender creates comfort and calm.

It comes to us now in November
to emphasize the great Love and support that Nature has for mankind
through this time of transition.....
and to help us realize the perceptual change
that must take place in each of us
in order that we may transcend former realities.

The frequency of Lavender is highly efficient and exact.
It releases the trauma of fire energy burnout
and replaces it with a clear vibrant picture of the joy and glory of embodiment.

