



Rabbit-brush is covered with yellow blossoms that arise from heads in clusters of several small flowers. Each flower is tubular, with five petals at the top of the tube and the pistil extending out beyond the tube.

Rabbit-brush

helps one integrate the “Big Picture” and the little details of a project...
for feelings of overwhelm & worry over big projects...
helps one set blueprints for success

Mesa Verde is a spiritual site with dwellings older and more spiritually significant than current archeologists believe. The Indigenous stories hold that ancient peoples were guided by spiritual leaders and “star people” who aided their advancement in Mathematics, Astronomy, simple Technology and Ceremony. Symmetry with the Earth’s energies and alignment with the Cosmos were paramount in these practices.

The Cliffs of Mesa Verde were not inhabited by a simple people who just wanted an apartment with a great view. The reasons for coming to this site and building kivas and dwellings here were to align with effective Electromagnetic Fields for their purpose of Spiritual Advancement and Harmony.

Years earlier, Robin and I had camped here with the children. Walking amongst the giant boulders under the expansive Star-filled Sky in prayer, I was given a vision of the Mesa filled with the Ancestor’s energies. I was shown many undiscovered kivas, water reservoirs and an advanced water system at the northwest edge of the Mesa. Here it feels like the highest area, and the energy is the strongest. On our return visit this time, we learned for recent forest fires that had burned out some of this area, uncovering many kivas... and to the archeologists’ surprise, ancient water systems!



The Rabbit-brush essence
was made here on the Mesa bluff,
where its yellow shrubby presence
stands host to one of the most expansive views imaginable,
as one looks down on the flat, seemingly endless, low lands of Cortez and beyond.
The Mesa juts up into an almost perfect pyramid,
with only the valley side eroding to the plains below.
The bees here work with Intent.
Moving from one Rabbit-brush flower to the next,
they create a busy, integrating Energy to this breath-taking sacred Mesa slope.



The essence of Rabbit-brush
works to strengthen one's Ability to Perceive
and then to Hold Focus to the Visions and Projects of one's life...
offering Support
when one lacks the Inspiration to Create or See the Scope of the Big Picture,
while helping to also meet Feelings of Overwhelm
when one feels Boggled-down or Lost in Details.
Offering Clarity of Thought
that aids one's Capacity to See and Set Long-range Goals,
the essence also can help one to Concentrate
and Follow Through with the various Details required to Actualize One's Purpose.

The Rabbit-brush essence
encourages one to Think Ahead
and to Take One's Ideas and Design the Blueprints
necessary to Bring One's Intentions to Form.

This is an excellent essence
to support the Architect within One
to design One's Dream
then to Take the Steps Necessary
to make the Dream a Reality
by Paying Close Attention to the Details that Create a True Work of Art.

The essence of Rabbit-brush
growing high on the precipice of the Mesa
offers Insight and Strategy
when one feels Lost in the Big Picture, unable to Focus Down on Specifications,
while at the same time Opening Out the Focus
of one who is so Fixated on Detail that they have Lost Sight of Purpose.

Helping one to Integrate the Great with the Small
is the Spiritual Gift of the Mesa's beautiful yellow flower.

