



Scarlet Paintbrush is one of about 200 species in the genus Castilleja, commonly called Indian Paintbrush or Prairie-fire. Meadows home to Scarlet Paintbrush have its vibrant red in their pallet during the blooming season May to September.

Scarlet Paintbrush

Castilleja miniata

helpful in situations of exhaustion or loss of sleep...
helps to revive procreative & sensual energy

The essence of Scarlet Paintbrush

pursues a path of energy, laughter, playfulness and creativity.

Opening the heart and sacral chakras to a radiant stream of creative inspiration,
the Scarlet Paintbrush
can help one feel enlivened and refueled on all levels.



This essence is especially helpful

to conditions of exhaustion, creative burnout due to work overload, loss of sleep
or other stress that has left one feeling worn-down
and burdened by one's responsibilities.

Reactivating one's joyful, frisky, creative nature,
the Scarlet Paintbrush essence
can change the way one approaches responsibilities
from a mental and work-based agenda
to a sense-based act of responding sensibly, intuitively and originally,
as one's creative energy can easily flow forth.



Once stressful energy is released,
one's physical energy begins to replenish,
and a stream of new-found kundalini is available,
helping one to playfully respond with renewed energy and focus.

