



*This plant, a July bloomer, opens its blossoms wide ...
stands tall and erect on this cold Michigan November morning.
It holds the strength of the summer of late June and proclaims to this grey November day
"Transformation and Victory over Darkness and Winter cold."*



November Feverfew

November 5, 2003

calming release from nervous tension when too reactive to outside events



Use this essence to refill your cup after a loss or trial.

Feverfew is refreshing,
clearing the mind and uplifting the heart.
Its sunny face shines with a new fresh purity
even as the dark Winter begins and November winds blow cold.

Physically, Feverfew is calming to the nervous system
and strengthening to the circulatory system.
It calms those who are over-wired and too reactive to outside influences.

