



These could be pictures taken along the shoreline of any large body of water, but to those of us that live here, who have been transformed by her magic, this Lake of sand and limestone with gifts of Petoskey stones and grass-covered dunes, we know her and speak of her with Love. We have spent whole Summer days playing in her soft, deep deposits of sand. Her waters beckon us out, time and time again, to ride the gentle surf.



Lake Michigan

helps us to find our own inner peace and then to put this peace into action
in our relationships and world

Peace is not placid.
Spend an afternoon on the shores of Lake Michigan
and allow her to transform all your perceptions.
On this Lake there are many beings.....
large dunes around her shores
and etheric Mountain Beings above her waters.
There is a shimmering radiance in her waters
that transforms and purifies even the darkest thoughts
and kisses away the tears from our heart.



There is constant movement and interplay here.
Crystal clear water speaks Peace to the Brilliant Sun.
While the Sand responds to the movement of the Lake
and surrounds her with Sand Mountains to hold her mountains of Peace,
the blue tender Sky holds and moves this Peace,
expanding it ever outward.
As the elements in this Great Lake speak to each other

they speak with Peace..... with Harmony..... with great Grace and Strength.
There is nothing placid here.
It is all movement.



As an essence Lake Michigan offers us Peace,
helping first to wash away layer after layer
of city hardness.....worry.....trauma.....and pain.
This essence works quickly
as Water and Sand move, hold, reshape, illuminate, purify.
As the Peace rolls over us
we recognize that our internal motion is restored in its balanced state.

This is an essence for Peacemakers that can bring us back into motion.
Peace, she teaches us, begins within
but it must move out
and communicate and harmonize in
our families.....our work place.....our communities..... in this world and beyond.
The Lake essence can reconnect us with the deep Peace of the Creator,
the very Heart of God,
and then help us to move this Peace into and through
the many networks and Great bodies that support this
and can carry this energy far beyond our known horizons.
She sings to us and begs us to dance with her
and take this message forward..... connect, touch, love.....and give this Peace.
This is the message of Eternity.

